

# WILLIAMSTOWN ATHLETIC CLUB RECORDS

## MEN - OPEN AGE

(As at 30 April 2022)

Event	Athlete	Performance	Date
100m	S. Brimacombe	10.29e (w+1.5)	20/02/1994
100m	R. Witnish	10.18e (w+4.2)	12/02/1995
200m	S. Brimacombe	20.68e (w -2.2)	5/03/1995
200m	S. Brimacombe	20.22e (w+2.7)	19/02/1994
400m	P. Jamieson	48.5	1976/77
800m	G. McKay	1.51.2	1975/76
1500m	J. Murphy	3.47.6	18/02/1978
3000m	P. Cuffe	8.11.0	
5000m	D. Stephens	14.07.2	1955/56
6 Miles	D. Stephens	27.54.0	25/01/1956 (World Record)
10000m	P. Cuffe	29.25.0	
3000m Steeple (91.4cm)	S. Barlow	8.43.2	14/03/1986
110m Hurdles (106.7cm)	E. Hollingsworth	15.0	1995/96
400m Hurdles (91.4cm)	S. Reidel	54.4	23/11/1996
1500m Walk	D. Smith	5.19.1	7/02/1981 (AR)
2000m Walk	K. McLeod	9.42.0	1992/93
3000m Walk	D. Smith	11.11.5	8/03/1981 (AR)
5000m Walk	D. Smith	18.52.87	21/02/1986 (AR)
10000m Walk	D. Smith	38.20.9	15/09/1985 (AR)
High Jump	D. Coster	2.01	
Long Jump	B. Davidson	7.57	1973/74
Triple Jump	M. Fontaine	15.48	11/03/2011
Shot Put (7.26kg)	E. Hollingsworth	14.59	16/12/1995
Javelin (800gm)	M. Rohkamper	63.58	29/10/1988
Discus (2.0kg)	C. Nikolovski	51.60	22/02/1987
Hammer (7.26kg)	D. Darcey	54.24	27/11/1997
Pole Vault	E. Hollingsworth	4.60	16/11/1995
Decathlon	E. Hollingsworth	7204pts	20-21/01/1996
Marathon		2.20.4	
4x100m Relay	S. Brimacombe, R. Witnish, N. Blassis, W. Pasquali	40.9	1994/95
4X200m Relay	S. Brimacombe, R. Witnish, N. Blassis, W. Pasquali	1.25.4	1994/95
4x400m Relay		3.23.9	5/02/1980
4x800m Relay		7.44.9	
4x1500m Relay		15.52.4	