

# WILLIAMSTOWN ATHLETIC CLUB RECORDS

## WOMEN - OPEN AGE

(As at 30 April 2022)

Event	Athlete	Performance	Date
100m	C. Mucci	11.47e (+1.8)	13/02/2021
100m	A. Deller	11.4h	18/12/1999
100m	C. Borg	11.4h	18/12/1999
200m	A. Deller	23.53	1994/95
400m	D. Roman	54.49e	12/01/2018
800m	L. Rourke	2m 07.2h	18/03/2021
1500m	L. Rourke	4.19.98e	19/03/2022
3000m	L. Rourke	9m 36.53e	29/03/2022
5000m	A. Goldsworthy	17m 58.1	7/12/2021
100m Hurdles (84cm)	C. Mucci	12.96e (+0.5)	2/04/2022
400m Hurdles (76.2cm)	D. Roman	56.59e	18/02/2018
1500m Walk	D. Hogg	7.23.3	1977/78
2000m Walk	L. Close	12.59.00	11/10/2014
3000m Walk	D. Hogg	16.04.6	1977/78
5000m Walk	L. Close	33.58.5	25/10/2014
High Jump	C. Mucci	1.76	12/01/2019
Long Jump	C. Mucci	6.48 (+3.5)	3/12/2017
Long Jump	C. Mucci	6.25 (+1.5)	16/02/2018
Triple Jump	K. Lyne	11.52	1994/95
Shot Put (4.0kg)	S. Reinwald	16.91	1983/84
Javelin (600gm)	C. Mucci	45.25	3/02/2019
Discus (1.0kg)	S. Reinwald	57.30	22/06/1985
Hammer (4.0kg)	K. Williams	41.29	25/11/2000
Heptathlon	C. Mucci	5915pts	12-13/4/2018
4x100m Relay		49.0	
4X200m Relay	Rosamond Gilden, Karoline Curtis, Becky Pile, Eleni Gilden	1.45.89e	28/02/2010
4x400m Relay	Kylie Williams, Eleni Gilden, Rosamond Gilden, Becky Pile	3.58.27e	10/12/2012
Medley Relay (200m,200m,400m, 800m)	Maeve Ryan, Celeste Mucci, Eleni Gilden, Rosamond Gilden	4.17.93e	6/12/2012