

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - OPEN AGE

(As at 30 April 2025)

Event	Athlete	Performance	Date
100m	C. Mucci	11.47e (+1.8)	13/02/2021
100m	A. Deller	11.4h	18/12/1999
100m	C. Borg	11.4h	18/12/1999
200m	A. Deller	23.53	1994/95
400m	D. Roman	54.47e	25/02/2024
800m	L. Rourke	2m 07.2h	18/03/2021
1500m	L. Rourke	4.19.98e	19/03/2022
3000m	P. Gay	9.22.36e	9/03/2023
5000m	P. Gay	16.27.86	10/02/2024
100m Hurdles (84cm)	C. Mucci	12.84e (+0.6)	11/03/2023
400m Hurdles (76.2cm)	D. Roman	56.59e	18/02/2018
1500m Walk	D. Hogg	7.23.3	1977/78
2000m Walk	K Lewis	11.56.0 h	8/02/2025
3000m Walk	D. Hogg	16.04.6	1977/78
5000m Walk	L. Close	33.58.5	25/10/2014
High Jump	C. Mucci	1.76	12/01/2019
Long Jump	C. Mucci	6.48 (+3.5)	3/12/2017
Long Jump	C. Mucci	6.25 (+1.5)	16/02/2018
Triple Jump	K. Lyne	11.52	1994/95
Shot Put (4.0kg)	S. Reinwald	16.91	1983/84
Javelin (600gm)	C. Mucci	45.25	3/02/2019
Discus (1.0kg)	S. Reinwald	57.30	22/06/1985
Hammer (4.0kg)	K. Williams	41.29	25/11/2000
Heptathlon	C. Mucci	5915pts	12-13/4/2018
4x100m Relay		49.0	
4X200m Relay	Rosamond Gilden, Karoline Curtis, Becky Pile, Eleni Gilden	1.45.89e	28/02/2010
4x400m Relay	Kylie Williams, Eleni Gilden, Rosamond Gilden, Becky Pile	3.58.27e	10/12/2012
4 x 800m	Emilia Rossi, Anni Clarke, Milana Farfaglia, Octavia Farfaglia	10.34.35 e	23/11/2024

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - OPEN AGE

(As at 30 April 2025)

Event	Athlete	Performance	Date
Medley Relay (200m,200m,400m, 800m)	Maeve Ryan, Celeste Mucci, Eleni Gilden, Rosamond Gilden	4.17.93e	6/12/2012
Mixed 4 x 400m	K Souter, M Leith, J Andrew, D Muir	3.30.46	24/11/2024

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - Under 20

(As at 30 April 2025)

(Under age records are based on the athletes age on the day of the performance)

Event	Athlete	Performance	Date
100m	D. Roman	11.55e	22/11/2015
100m	C. Borg	11.4h	18/12/1999
200m	A. Deller	24.02e	1994/95
	A. Deller	23.9h	1994/95
400m	A. Deller	56.3	1993/94
800m	L. Rourke	2m 07.2h	18/03/2021
1500m	L. Rourke	4.19.98e	19/03/2022
3000m	P. Gay	9.22.36e	9/03/2023
5000m	P. Gay	16.27.86	10/02/2024
100m Hurdles (84cm)	C. Mucci	13.02e (+1.7)	25/05/2019
400m Hurdles (76.2cm)	D. Roman	59.85e	2/11/2013
1500m Walk	D. Hogg	7.23.3	1977/78
2000m Walk	K Lewis	11.56.0 h	8/02/2025
3000m Walk	D. Hogg	16.04.6	1977/78
High Jump	C. Mucci	1.76	12/01/2019
Long Jump	C. Mucci	6.48 (+3.5)	3/12/2017
Long Jump	C. Mucci	6.25 (+1.5)	16/02/2018
Triple Jump	L. Boyce	10.71	28/02/2010
Shot Put (4.0kg)	S. Reinwald	16.91	1983/84
Javelin (600gm)	C. Mucci	45.25	3/02/2019
Discus (1.0kg)	S. Reinwald	55.58	1983/84
Hammer (4.0kg)	K. Williams	41.29	25/11/2000
Heptathlon	C. Mucci	5915pts	12-13/4/2018
4x100m Relay		49.5	
4x200m Relay		1.48.77e	
4x400m Relay		4.01.0	
4 x 800m		10.34.35 e	23/11/2024
	E Rossi, A Clarke, M Farfaglia, O Farfaglia		
Medley Relay (200m,200m,400m, 800m)	R. Wood, C. Mucci, A. Bearzi, J. Kane	4.24.57e	29/11/2014

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - Under 19

(As at 30 April 2025)

(Under age records are based on the athletes age on the day of the performance)

Event	Athlete	Performance	Date
100m	D. Roman	11.72e	15/03/2014
100m	C. Borg	11.4h	18/12/1999
200m	D. Roman	24.22e	1/02/2014
400m	D. Roman	56.71e	15/12/2012
800m	L. Rourke	2m 07.2h	18/03/2021
1500m	L. Rourke	4.19.98e	19/03/2022
3000m	P. Gay	9.22.36e	9/03/2023
5000m	P. Gay	16.27.86	10/02/2024
100m Hurdles (84cm)	C. Mucci	13.19e (+0.6)	12/04/2018
400m Hurdles (76.2cm)	D. Roman	59.85e	2/11/2013
1500m Walk	D.Hogg	7.23.3	1977/78
2000m Walk	K Lewis	11.56.0 h	8/02/2025
3000m Walk	D.Hogg	16.04.6	1977/78
High Jump	C. Mucci	1.75	28/04/2017
Long Jump	C. Mucci	6.48 (+3.5)	3/12/2017
Long Jump	C. Mucci	6.25 (+1.5)	16/02/2018
Triple Jump	L. Boyce	10.71	28/02/2010
Shot Put (4.0kg)	S. Reinwald	16.91	1983/84
Javelin (600gm)	C. Mucci	43.03	13/04/2018
Discus (1.0kg)	S. Reinwald	50.86	1983/84
Hammer (4.0kg)	K. Williams	41.29	25/11/2000
Heptathlon	C. Mucci	5915pts	12-13/4/2018
4x100m Relay		49.5	
4x200m Relay	T. Shacklock K. Curtis S. Jamieson K. McHarg	1.48.6	19/12/1998
4x400m Relay		4.01.0	
4 x 800m	E Rossi, A Clarke, M Farfaglia, O Farfaglia	10.34.35 e	23/11/2024
Medley Relay (200m,200m,400m, 800m)	R. Wood, C. Mucci, A. Bearzi, J. Kane	4.24.57e	29/11/2014

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - Under 18

(As at 30 April 2025)

(Under age records are based on the athletes age on the day of the performance)

Event	Athlete	Performance	Date
100m	D. Roman	11.72e	15/03/2014
100m	C. Borg	11.4h	18/12/1999
200m	D. Roman	24.22e	1/02/2014
400m	D. Roman	56.71e	15/12/2012
800m	L. Rourke	2m 07.2h	18/03/2021
1500m	L. Rourke	4m 22.48e	21/03/2019
3000m	P. Gay	9.22.36e	9/03/2023
5000m	P. Gay	16.27.86	10/02/2024
2000m Steeple (76.2cm)	N. Rourke	7m 09.71e	14/04/2021
100m Hurdles (76.2cm)	C. Mucci	13.46e	30/03/2017
300m Hurdles (76.2cm)	S. Jamieson	47.67e	1995/96
400m Hurdles (76.2cm)	D. Roman	59.85e	2/11/2013
1500m Walk	D.Hogg	7.23.3	1977/78
2000m Walk	K Lewis	11.56.0 h	8/02/2025
3000m Walk	D.Hogg	16.04.6	1977/78
High Jump	C. Mucci	1.75	28/04/2017
Long Jump	C. Mucci	6.35 (+2.7)	4/03/2017
Triple Jump	L. Boyce	10.71	28/02/2010
Shot Put (4.0kg)	S. Reinwald	16.91	1983/84
Javelin (600gm)	C. Mucci	37.68	5/02/2017
Javelin (500gm)	C. Mucci	39.61	10/12/2016
Discus (1.0kg)	S. Reinwald	50.86	1983/84
Hammer (4.0kg)	K. Williams	41.29	25/11/2000
Heptathlon	C. Mucci	5430pts	27-28/03/2015
4x100m Relay		49.5	
4x200m Relay	T. Shacklock K. Curtis S. Jamieson K. McHarg	1.48.6	19/12/1998
4x400m Relay		4.01.0	
4 x 800m	E Rossi, A Clarke, M Farfaglia, O Farfaglia	10.34.35 e	23/11/2024
Medley Relay (200m,200m,400m, 800m)	R. Wood, C. Mucci, A. Bearzi, J. Kane	4.24.57e	29/11/2014

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - Under 17

(As at 30 April 2025)

(Under age records are based on the athletes age on the day of the performance)

Event	Athlete	Performance	Date
100m	L.Brett	11.7	
200m	D. Roman	24.39e	2/02/2013
400m	D. Roman	56.71e	15/12/2012
800m	A. Daniel	2.11.38e	14/02/2004
1500m	L. Rourke	4.22.48e	21/03/2019
3000m	P. Gay	9.22.36e	9/03/2023
5000m	P. Gay	16.27.86	10/02/2024
2000m Steeple (76.2cm)	N. Rourke	7m 09.71e	14/04/2021
100m Hurdles (76.2cm)	D. Roman	13.60e	12/03/2013
100m Hurdles (76.2cm)	C. Mucci	13.60e	27/03/2015
300m Hurdles (76.2cm)	S. Jamieson	47.67e	1995/96
400m Hurdles (76.2cm)	D. Roman	62.62e	12/01/2013
1500m Walk	D.Hogg	7.23.3	1977/78
2000m Walk	K Lewis	11.56.0 h	8/02/2025
3000m Walk	D.Hogg	16.04.6	1977/78
High Jump	C. Mucci	1.73	14/02/2015
Long Jump	C. Mucci	5.81	15/02/2015
Triple Jump	L.Boyce	10.71	28/02/2010
Shot Put (4.0kg)	S. Reinwald	15.31	5/03/1983 (VR)
Javelin (600gm)	C. Mucci	37.36	10/01/2016
Javelin (500gm)	C. Mucci	36.66	27/03/2015
Discus (1.0kg)	S. Reinwald	46.70	1982/83
Hammer (4.0kg)	K. Williams	41.29	25/11/2000
Heptathlon	C. Mucci	5430pts	27-28/03/2015
4x100m Relay		49.5	
4x200m Relay	T. Shacklock K. Curtis S. Jamieson K. McHarg	1.48.6	19/12/1998
4x400m Relay		4.01.0	
4 x 800m	E Rossi, A Clarke, M Farfaglia, O Farfaglia	10.34.35 e	23/11/2024
Medley Relay (200m,200m,400m, 800m)	R. Wood, C. Mucci, A. Bearzi, J. Kane	4.24.57e	29/11/2014

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - Under 16

(As at 30 April 2025)

(Under age records are based on the athletes age on the day of the performance)

Event	Athlete	Performance	Date
100m	L. Jamieson	12.0	1975/76
200m	L. Jamieson	24.8	1975/76
400m	G. Goldsworthy	58.37e	13/03/2014
800m	L. Rourke	2.13.55e	8/12/2017
1500m	L. Rourke	4.22.48e	21/03/2019
3000m	P. Gay	9.22.36e	9/03/2023
5000m	P. Gay	16.27.86	10/02/2024
2000m Steeple (76.2cm)	N. Rourke	7m 09.71e	14/04/2021
90m Hurdles (76.2cm)	C. Mucci	12.71e	14/03/2014
100m Hurdles (76.2cm)	M. Lowden	15.5	1975/76
200m Hurdles (76.2cm)	B. Bozin	30.42e	25/01/2001
300m Hurdles (76.2cm)	S. Jamieson	47.67e	1995/96
400m Hurdles (76.2cm)	C. McKay	70.1	1975/76
1500m Walk	D.Hogg	7.23.3	1977/78
2000m Walk	K Lewis	11.56.0 h	8/02/2025
3000m Walk	D.Hogg	16.04.6	1977/78
High Jump	C. Mucci	1.73	14/02/2015
Long Jump	C. Mucci	5.81	15/02/2015
Triple Jump	M.Jordan	10.62	
Shot Put (4.0kg)	A.Sayner	12.14	1996/97
Javelin (600g)	K. Williams	33.63	6/02/1999
Javelin (500gm)	C. Mucci	36.66	27/03/2015
Discus (1.0kg)	A. Sayner	45.82	1996/97
Hammer (4.0kg)	K. Williams	41.29	25/11/2000
Heptathlon	C. Mucci	5430pts	27-28/03/2015
4x100m Relay		51.1	
4x200m Relay	T. Shacklock K. Curtis S. Jamieson K. McHarg	1.48.6	19/12/1998
4x400m Relay		4.12.0	
Medley Relay (200m,200m,400m, 800m)	R. Wood, C. Mucci, A. Bearzi, J. Kane	4.24.57e	29/11/2014

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - Under 15

(As at 30 April 2025)

(Under age records are based on the athletes age on the day of the performance)

Event	Athlete	Performance	Date
100m	L. Jamieson	12.0	1975/76
200m	L. Jamieson	24.8	1975/76
400m	G. Goldsworthy	58.37e	13/03/2014
800m	L. Rourke	2.13.55	8/12/2017
1500m	P. Gay	4m 28.74e	22/12/2022
3000m	P. Gay	9.22.36e	9/03/2023
5000m	P. Gay	17.10.4e	30/03/2023
2000m Steeple (76.2cm)	A. Goldsworthy	7.27.40e	29/02/2020
90m Hurdles (76.2cm)	C. Mucci	12.71e	14/03/2014
100m Hurdles (76.2cm)	M. Lowden	15.5	1975/76
200m Hurdles (76.2cm)	B. Bozin	30.42e	25/01/2001
300m Hurdles (76.2cm)	S. Jamieson	47.67e	1995/96
400m Hurdles (76.2cm)	C. McKay	75.6	1975/76
1500m Walk	D. Hogg	7.23.3	1977/78
2000m Walk	K Lewis	11.56.0 h	8/02/2025
3000m Walk	D. Hogg	16.04.6	1977/78
High Jump	C. Mucci	1.72	14/03/2014
Long Jump	M. Lowden	5.66	1975/76
Triple Jump	C. Mucci	10.21	10/02/2013
Shot Put (3.0kg)	A. Sayner	14.85	1995/96
Javelin (500g)	C. Hardeman	29.38	10/02/2013
Javelin (600g)	T. Shacklock	23.08	1998/99
Discus (1.0kg)	A. Sayner	45.82	1996/97
4x100m Relay		51.1	
4x200m Relay	K. O'Loghlen, T. Shacklock, S. Jamieson, J. Azzopardi	1.53.47e	22/12/1996
4x400m Relay		4.12.0	

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - Under 14

(As at 30 April 2025)

(Under age records are based on the athletes age on the day of the performance)

Event	Athlete	Performance	Date
100m	C. Mucci	12.48e	17/03/2013
200m	C. Mucci	25.93e	6/12/2012
400m	G. Goldsworthy	58.37e	13/03/2014
800m	L. Rourke	2.13.55	8/12/2017
1500m	L. Rourke	4.37.44e	10/12/2017
3000m	P. Gay	10m 03.10	26/02/2022
80m Hurdles (76.2cm)	C. Mucci	13.03e	1/12/2012
200m Hurdles (76.2cm)	C. Mucci	32.05	29/10/2011
300m Hurdles (76.2cm)	S. Jamieson	47.67e	1995/96
1500m Walk	K Lewis	8.26.82	25/01/2025
2000m Walk	K.Lewis	11.56.0 h	8/02/2025
2000m Steeple (76.2cm)	N. Rourke	7m 39.54e	29/02/2020
High Jump	C. Mucci	1.69	10/02/2013
Long Jump	C. Mucci	5.38	3/03/2013
Triple Jump	C. Mucci	10.21	10/02/2013
Shot Put (3.0kg)	A. Sayner	14.85	1995/96
Javelin (400g)	K. Williams	34.54	8/12/1998
Discus (1.0kg)	A. Sayner	44.28	1995/96
4x100m Relay	K. O'Loughlen, T. Shacklock, S. Jamieson, J. Azzopardi	53.22e	21/12/1996
4x200m Relay	K. O'Loughlen, T. Shacklock, S. Jamieson, J. Azzopardi	1.53.47e	22/12/1996
4x400m Relay	R. Matthews, J. Pollock, S. Jamieson, L.. Cridland	4.33.10e	16/12/1995

WILLIAMSTOWN ATHLETIC CLUB RECORDS

WOMEN - Under 13

(As at 30 April 2025)

(Under age records are based on the athletes age on the day of the performance)

Event	Athlete	Performance	Date
100m	A. Mannering	13.34e ^(1.3)	27/11/2024
200m	G. Goldsworthy	28.10e	10/02/2013
200m	A. Mannering	28.05e ^(3.5)	2/11/2024
400m	G. Goldsworthy	63.36e	8/02/2013
800m	O. Farfaglia	2.19.31	3/03/2024
1500m	L. Rourke	4.54.90	6/11/2016
3000m	O. Farfaglia	10m 57.40	9/11/2023
80m Hurdles ^(76.2cm)	M. Parks	13.45e ^(1.6)	7/04/2025
200m Hurdles ^(76.2cm)	C. Mucci	32.05e	29/10/2011
2000m Steeplechase ^(76.2)	M. Farfaglia	8.04.8 (h)	9/11/2024
1500m Walk	K Lewis	8.26.82	25/01/2025
2000m Walk	K Lewis	11.56.0 h	8/02/2025
3000m Walk			
High Jump	M. Batur	1.55	25/01/2025
Long Jump	C. Mucci	4.71	24/02/2012
Triple Jump	M. Parks	9.42 ^(0.0)	25/01/2025
Shot Put ^(3.0kg)	M. Parks	8.92	7/04/2025
Javelin ^(400g)	M. Parks	27.90m	6/04/2025
Discus ^{(750g) new weight 2023}	A. Clarke	26.59m	22/02/2025
Discus ^(1kg)	L. Price	25.79m	13/11/2021
Pentathlon			
4x100m Relay			
4x200m Relay			
4x400m Relay			